

## Presentation from Luisa Peres

Dear Clients of Clinica Verde,



I was invited to work at Clinica Verde from September on. I would like to introduce myself and my work to all of you. My name is Luisa Peres, I am Portuguese, from Lisbon, but living in the Algarve for more than 20 years now. I can speak Portuguese (of course), French, English and some Italian and Dutch.

For almost 20 years now I have dedicated my life to studying and practicing complementary therapies. I trained, in Holland, as a Touch for Health Instructor (Basic Kinesiology) in 1994, became a Reiki Master in 1995 and since then I have also been using Flower Essences □ Dr. Bach, Australian Bush Flowers and Indigo Essences. For many years I studied Chakra and Aura Reading and Balancing with Marion Rieber.

Ten years ago I began to learn more and to practice also shamanic healing. I did several trainings with the Michael Harner Foundation for Shamanic Studies, Caitlin Mathews,

Sandra Ingerman and others. My search has always been to find ways, tools to support people finding their strength and inner balance and relieving pain and suffering. In my practice I combine my intuition with different techniques always listening and respecting each person □s needs.

Karin Cornet became a friend and a companion along this life □s path and I feel very grateful and honored if I can, in anyway, help her and you all to continue the work she started at Clinica Verde.

I wish you all a beautiful end of summer with much peace, joy and health,

With my best greetings,

Luisa

